



**Are you a parent in West Lothian who would like to help improve your family finances?**

**Whether you are unemployed or looking for new and better job opportunities, we can support you to improve your career prospects.**

## HOW WE WILL HELP YOU:

### Family income

- Understand how to maximise your household income and access support available
- Increase your income from employment

### Develop your skills

- Identify and work towards an employment goal
- Develop confidence
- Learn new skills and enhance your job opportunities
- Gain real work experience
- Become a workplace mentor
- Qualify as a First Aid for Mental Health workplace champion

### Work for a better future

- Support to search for jobs and prepare for interviews
- Link with employers who will help you grow your skills and experience
- Benefit from in-work mentor support



**PARTNERSHIP  
FOR PARENTS**

### ELIGIBILITY CRITERIA

- Lone parent
- Parent with three or more children
- Parent with a disability/  
parent with a child who has a disability
- Parent with youngest child under one years old
- Parent from an ethnic minority
- Parent aged under 25 years old



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